



# **Salt Sugar Fat: Explore the Dark Side of the All-American Meal, America's Food Addiction, And Why We Get Fat by Understanding How the Food Giants Hooked Us on Mindless Eating**

*Alexandra Kastor*

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***#1 AMAZON.COM BESTSELLING AUTHOR***

## **LAUNCH PROMO BONUS!**

As a thank you for all those who have supported Alexandra Kastor over the years, she has included a **FREE USDA Guidelines Report** with **EVERY** purchase of this book during its initial launch!

The food industry pulls a lot of shady tactics in order to get their processed nonsense into your organic foods. This report will help you decode the tactics of Big Business in the grocery store!

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## **From The Back of the Book**

Another **inspiring**, life-altering book by *bestselling author* **Alexandra Kastor**.

## **Are You Fed Up With The Lies?**

Are You Being Fooled at the Store?

Why Doesn't Your Diet Work?

Did You Know Salt Can Benefit Your Health?

Did You Know You Don't Have to Count Calories?

Are You Hooked On Processed Food?

Do You Really Know What's In Your Food?

## Answered Within!

All of these questions and more are addressed in full detail within **Salt Sugar Fat**  
Get the **rarely-spoken-of** secrets to living healthy not only today, but every day of your life!

**You Will Be AMAZED As To What You Find Out!**

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## Success in the Grocery Store Is A Step Away!

You **KNOW** you have no idea what's on that ingredients label!

You're **TIRED** of being filled with the lies of Big Business!

You're **DONE** with consuming dangerous, processed foods!

## It's Time for a Change!

This book is your **KEY** to *long lasting* health reform!

## Act Today and Claim Your Bonus Before It's Gone!

Your bonus USDA Organic Guidelines report won't be available forever! It's up to you to take the action necessary to solidify your healthy lifestyle **today** and start changing your life *NOW!*

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### **From reader reviews:**

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