



If at Birth You Don't Succeed: My Adventures with Disaster and Destiny

Zach Anner

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“Hilarious and inspiring, Anner has made a life filled with fans, love, and Internet fame?reminding us that disability is no match for dreams.”?People (Book of the Week)

“Zach Anner is way more than an inspirational figure for anyone who has ever felt impossibly different: he’s also a great fking writer.”?Lena Dunham**

Comedian Zach Anner opens his frank and devilishly funny book, *If at Birth You Don't Succeed*, with an admission: he botched his own birth. Two months early, underweight and under-prepared for life, he entered the world with cerebral palsy and an uncertain future. So how did this hairless mole-rat of a boy blossom into a viral internet sensation who's hosted two travel shows, impressed Oprah, driven the Mars Rover, and inspired a John Mayer song? (It wasn't "Your Body is a Wonderland.")

Zach lives by the mantra: when life gives you wheelchair, make lemonade. Whether recounting a valiant childhood attempt to woo Cindy Crawford, encounters with zealous faith healers, or the time he crapped his pants mere feet from Dr. Phil, Zach shares his fumbles with unflinching honesty and characteristic charm. By his thirtieth birthday, Zach had grown into an adult with a career in entertainment, millions of fans, a loving family, and friends who would literally carry him up mountains.

If at Birth You Don't Succeed is a hilariously irreverent and heartfelt memoir about finding your passion and your path even when it's paved with epic misadventure. This is the unlikely but not unlucky story of a man who couldn't safely open a bag of Skittles, but still became a fitness guru with fans around the world. You'll laugh, you'll cry, you'll fall in love with the Olive Garden all over again, and learn why cerebral palsy is, definitively, "the sexiest of the palsies."

Praise for Zach Anner

“Cerebral palsy couldn't stop Anner from becoming a celeb, traveling the world, and Friending Oprah (for starters).”?Cosmopolitan

“Zach makes you want to be a better person, with his humor and his heart and everything he's had to deal with from the time he was born. I've never met anyone like him, and I've met a lot of people.” ?Oprah Winfrey

“A laugh-a-minute read.... *If At Birth You Don't Succeed* recounts his journey from being what he calls a “crappy baby” [with cerebral palsy to] the host of his own travel show and an improbable workout guru. If there was ever a book that showed the importance of laughing at yourself, this is probably it.”?MentalFloss (#1 A Best New Book for Spring)

“Zach Anner is a truly inspiring and hysterical human being with a warped sense of humor (and body). He’s also an exceptional writer and his memoir is an absolute joy.”?Rainn Wilson

“A characteristically hilarious and candid book about growing up with cerebral palsy, winning a reality TV contest with Oprah’s OWN channel and becoming an unlikely-yet-inspiring fitness guru and YouTube celebrity with more than 10 million views.”? **What’s Trending**

“Zach Anner is the living definition of ‘giving better than he’s gotten.’ Life dealt him a difficult hand but he managed to beat the house with humor, heart, and a fearless punk attitude. Required reading.”? **Patton Oswalt**

“I love Zach Anner and I love his memoir. If everyone were a little more like Zach, the world may not be a *better* place, but it would be a funnier place, which is a great step forward.”? **Reddit Co-founder Alexis Ohanian**

“He’s a unique, creative kid with a smart, edgy sense of humor.”? **Arsenio Hall**

“I think I speak for everybody when I say...I want to see more of Zach.” ? **John Mayer**

“Wonderful. . . Anner’s comedy is the peppy, uplifting sort you’d expect from someone who Oprah says ‘makes [her] want to be a better person,’ such as his elaborate Olive Garden metaphors for the nature of life. . . . Anner remarks wryly that being expected to act as an ambassador for the disabled ‘is a tightrope walk, which is hard on four wheels.’ Maybe so, but with this book, he makes it look easy.”? **Publishers Weekly (starred review)**

“Funny, empowering...An inspirational memoir with a seasoned, infectious sense of humor...[Anner’s book chronicles] his three decades of life (so far) with cerebral palsy, a permanent condition that hasn’t prevented him from living his dream as a comic, a media sensation, and a motivational speaker.”? **Kirkus Reviews**

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From reader reviews:

Pearlie Henry:

Do you have favorite book? If you have, what is your favorite's book? Guide is very important thing for us to understand everything in the world. Each reserve has different aim or maybe goal; it means that guide has different type. Some people really feel enjoy to spend their a chance to read a book. These are reading whatever they take because their hobby is reading a book. What about the person who don't like looking at a book? Sometime, individual feel need book after they found difficult problem or maybe exercise. Well, probably you'll have this If at Birth You Don't Succeed: My Adventures with Disaster and Destiny.

Thomas Abrams:

Playing with family in a very park, coming to see the ocean world or hanging out with good friends is thing that usually you have done when you have spare time, and then why you don't try point that really opposite from that. One particular activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love If at Birth You Don't Succeed: My Adventures with Disaster and Destiny, you can enjoy both. It is great combination right, you still need to miss it? What kind of hangout type is it? Oh seriously its mind hangout folks. What? Still don't buy it, oh come on its called reading friends.

Aaron Martinez:

Do you really one of the book lovers? If yes, do you ever feeling doubt when you are in the book store? Aim to pick one book that you find out the inside because don't evaluate book by its protect may doesn't work here is difficult job because you are scared that the inside maybe not as fantastic as in the outside seem likes. Maybe you answer can be If at Birth You Don't Succeed: My Adventures with Disaster and Destiny why because the fantastic cover that make you consider in regards to the content will not disappoint an individual. The inside or content is actually fantastic as the outside or even cover. Your reading sixth sense will directly show you to pick up this book.

George Williams:

The book untitled If at Birth You Don't Succeed: My Adventures with Disaster and Destiny contain a lot of information on this. The writer explains the woman idea with easy way. The language is very simple to implement all the people, so do not necessarily worry, you can easy to read that. The book was compiled by famous author. The author brings you in the new period of literary works. You can easily read this book because you can keep reading your smart phone, or model, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can open their official web-site as well as order it. Have a nice learn.

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