



The Quarter-Acre Farm: How I Kept the Patio, Lost the Lawn, and Fed My Family for a Year

Spring Warren

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When Spring Warren told her husband and two teenage boys that she wanted to grow 75 percent of all the food they consumed for one year—and that she wanted to do it in their yard—they told her she was crazy.

She did it anyway.

The Quarter-Acre Farm is Warren's account of deciding—despite all resistance—to take control of her family's food choices, get her hands dirty, and create a garden in her suburban yard. It's a story of bugs, worms, rot, and failure; of learning, replanting, harvesting, and eating. The road is long and riddled with mistakes, but by the end of her yearlong experiment, Warren's sons and husband have become her biggest fans—in fact, they're even eager to help harvest (and eat) the beautiful bounty she brings in.

Full of tips and recipes to help anyone interested in growing and preparing at least a small part of their diet at home, *The Quarter-Acre Farm* is a warm, witty tale about family, food, and the incredible gratification that accompanies self-sufficiency.

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