



Introduction to Psychoneuroimmunology

Jorge H. Daruna

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Psychoneuroimmunology investigates the relationships between behavior, psychosocial factors, the nervous, endocrine, and immune systems, and disease. Each system affects the others, enhancing and/or inhibiting processes elsewhere in the body. Research in this field has grown tremendously in recent years as science better understands the checks and balances of these interdisciplinary systems and processes. **Introduction to Psychoneuroimmunology** provides the first introductory text for this complex field.

Beginning with a discussion of immune system basics, **Introduction to Psychoneuroimmunology** explores endocrine-immune modulation, neuro-immune modulation, the relationship between stress, contextual change, and disease, as well as infection, allergy, immune activity and psychopathology, and immune function enhancement. This text provides a sound introduction to the field and will serve as a valuable overview to what is otherwise a complex interdisciplinary subject at the junction of molecular biology, genetics, the neurosciences, immunology, cell biology, endocrinology, pharmacology, biochemistry, and the behavioral sciences.

- * Provides a wide coverage of topics
- * Presents a concise treatment of topics
- * Includes concluding comments after each chapter
- * Includes definitions of technical terms

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