



# Youth Basketball Practice Plans: Ages 9 to 12

*William Sniffen*

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## **Youth Basketball Practice Plans: Ages 9 to 12** William Sniffen

Coach Bill Sniffen presents 20 90 minute practice plans full of youth basketball drills, skills and coaching tips developed for beginner and intermediate basketball players. Each practice plan focuses on a new skill and there are plenty of topics and team building activities throughout. The plans provide an entire season's worth of all the essential basketball skills – footwork, ball handling, dribbling, passing, shooting, and situational play – that young players need to master, all in an easy-to-follow, time-specific format.

Topics Covered:

- Dribbling
- Shooting
- Passing
- Offensive and Defensive Strategy
- Training Drills

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#### **Kimberly Morris:**

Spent a free time for you to be fun activity to try and do! A lot of people spent their down time with their family, or their very own friends. Usually they accomplishing activity like watching television, planning to beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Do you need to something different to fill your current free time/ holiday? Can be reading a book can be option to fill your no cost time/ holiday. The first thing that you will ask may be what kinds of book that you should read. If you want to test look for book, may be the guide untitled Youth Basketball Practice Plans: Ages 9 to 12 can be great book to read. May be it is usually best activity to you.

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