



FAT!SO? : Because You Don't Have to Apologize for Your Size

Marilyn Wann

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Fat? Chunky? Less than svelte? So what! In this hilarious and eye-opening book, fat and proud activist/zinester Marilyn Wann takes on Americas' biggest fear—worse than the fear of public speaking or nuclear weapons—our fear of fat. Statistics tell us that about a third of Americans are fat, and common sense adds that just about everyone, fat or thin, male or female, has worried about their appearance. FAT!SO? weighs in with a more attractive alternative: feeling good about yourself at any weight—and having the style and attitude to back it up. Internationally recognized as a fat-positive spokesperson, Wann has learned that you can be absolutely happy, healthy, and successful...and fat. With its hilarious and insightful blend of essays, quizzes, facts, and reporting, FAT!SO? proves that you can be out-and-out fabulous at any size.

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Keith Smith:

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