

The Sex-wise Parent: The Parent's Guide to Protecting Your Child, Strengthening Your Family, and Talking to Kids About Sex, Abuse, and Bullying

Janet Rosenzweig

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If your kids aren't learning about sex from you, what are they learning about sex, and who is teaching them? Having "the talk" with your child does not have to be a terrifying and awkward event. Armed with *The Sex-Wise Parent*, Dr. Janet Rosenzweig's groundbreaking book, you may find you never have to have "the talk."

Dr. Rosenzweig shows you how you can help protect your children from sexual abuse, trauma, and bullying through your everyday interaction with them. She'll walk you through the steps you can take to combine your own family's values with age-appropriate information for children at all stages of development. And she'll show you how to do it in a way that will improve the trust and communication between you and your child.

Dr. Rosenzweig applies her decades of experience in child abuse prevention, sexuality education and family service to help you identify the real threats to your children's safety and protect them from becoming victims of sexual misinformation or exploitation at any age. From choosing a child's first daycare to meeting the multimedia challenges of adolescence, *The Sex-Wise Parent* will coach you to raise sexually safe and healthy sons and daughters.



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