



Bipolar Disorders: A Guide to Helping Children and Adolescents (Patient Centered Guides)

Mitzi Waltz

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Until recently, bipolar disorders were almost never diagnosed in children and rarely recognized in adolescents, even though between 20 and 40 percent of the two million or more adults diagnosed with bipolar disorders in the United States experienced the onset of illness in their teen years or before. Psychiatrists now recognize that manic depression has frequently been misdiagnosed as ADHD (or oppositional defiant disorder, conduct disorder, or depression). According to recent data, 23 percent of children currently diagnosed with ADHD will eventually be diagnosed as having a bipolar disorder. As many as a million children in the US alone may have childhood-onset bipolar disorder. Bipolar disorders are different in children than in adults. There are some diagnostic criteria unique to children. Some reckless behavior is limited by being a child and being under adult control. Families and communities pay a heavy toll when this disorder is not recognized and treated. Suicide is a possible outcome, as are school failure, limited job prospects, legal difficulties, and hospitalizations. Understanding and recognizing the differences in the illness for children and adolescents is key for concerned parents and professionals. *Bipolar Disorders* covers the range of topics that parents need to know about in order to help their children:

- Description of the range of bipolar disorders
- Diagnostic criteria, current and proposed, including comparisons to common misdiagnoses
- Family life with bipolar disorders, including recognizing and preventing mood swings, safety, and support
- Medications, with special attention to the physiology and responses of children and adolescents
- Therapeutic interventions in various "talk therapies"
- Other interventions, such as improving sleep patterns, preventing seasonal mood swings, diet, and supplements
- Insurance issues
- school, including special education system and 504 Plans or EIPs

As author Mitzi Waltz notes, "With early intervention, the possibilities for these kids are limitless."

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Richard Davy:

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Katrina Varga:

A lot of people always spent their free time to vacation as well as go to the outside with them household or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. If you would like try to find a new activity that's look different you can read any book. It is really fun for yourself. If you enjoy the book that you read you can spent the entire day to reading a book. The book Bipolar Disorders: A Guide to Helping Children and Adolescents (Patient Centered Guides) it is very good to read. There are a lot of people that recommended this book. These folks were enjoying reading this book. Should you did not have enough space to bring this book you can buy typically the e-book. You can m0ore quickly to read this book from the smart phone. The price is not too expensive but this book features high quality.

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