



Intimate Wisdom: The Sacred Art of Love

Karina Kittles-Karsten

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Love is the most powerful emotion one can express. In *Intimate Wisdom: The Sacred Art of Love*, Karinna has provided the ultimate guide to reveal how to express and experience love at the deepest level. -Peggy McColl, New York Times best-selling author of *Your Destiny Switch* "If you are ready to discover how the time-honored love secrets of the East can create a profoundly positive effect on your love life, read this book. *Intimate Wisdom* is sure to add great health, pleasure, and meaning to your love life." -Mantak Chia, author of *The Multi-Orgasmic Couple* "Karinna Kittles-Karsten offers at once a system which unifies body and soul, mind and heart, lover and lover, achieving wholeness and oneness in the context of a sensual and impassioned spirituality from which we all can greatly benefit." -M. Daniel Nienaltow, MD, CM, Columbia University Whether you're seeking a soul mate or fulfillment in your current romantic relationship, *Intimate Wisdom* can help you find genuine emotional, physical, mental, and spiritual compatibility. Learn how to become a sacred lover-a lover who is confident, open-hearted, and skilled in the intimate arts-and build a relationship that nurtures wholeness, health, and ecstasy. From helping you claim the courage to love and boosting positive energy, to techniques that foster deeper intimacy and intensify physical pleasure, *Intimate Wisdom* will lead you toward a relationship overflowing with joy, respect, and passion.

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