



Sex for One: The Joy of Selfloving

Betty Dodson

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For more than 20 years, Betty Dodson has been dedicated to taking the shame out of masturbation, showing it to be a healthy form of sexual expression. With warmth and intelligence, and informative line drawings, Dodson explains how anyone can learn to fully enjoy the pleasures of self-love, pointing out that masturbation is still the safest sex.

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