



# Exploring the Fifth Dimension: Parallel Universes, Teleportation and Out of Body Travel

*Dr. Bruce Goldberg*

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This book is the most comprehensive book on out-of-body travel you will ever read. Through more than 20 exercises, you will learn to safely leave your body and return unharmed from explorations of the upper astral plane and the causal, mental or etheric realms. You might even venture to the soul plan and observe how you select your future life.

You will also learn:

- \*The difference between an out-of-body experience, a near-death experience and a conscious out-of-body experience.
- \*How to determine what dimension you are on while out-of-the body.
- \*How you can meet kindred souls in the fifth dimension.
- \* What it is like to be with your Masters and Guides and review your akashic record.
- \*How to teleport your physical body to other dimensions.
- \*How to travel to parallel universes.
- \*How to see into the future.
- \*How to meet time travelers from our future
- \*How to learn your true karmic purpose.

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