



The Mother of All Pregnancy Books 3rd Edition: An All-Canadian Guide to Conception, Birth and Everything in Between

Ann Douglas

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Whether you're an expectant parent or you're just thinking about it, this comprehensive guide features a non-bossy, fresh and fun approach to the greatest adventure life has to offer. Based on the best advice from over one hundred Canadian parents, this information is served up with a uniquely Canadian spin.

Never one to shy away from the tough topics, Ann Douglas addresses the concerns that all would-be parents have when facing pregnancy. With over 225,000 "Mother of All" books sold in Canada alone, Ann serves the inside scoop on what it's really like to have a baby--the straight goods on preparing your body for pregnancy; practical advice on how to increase your chances of conceiving quickly; the top ten worries for each trimester--with a hefty dose of reassurance. With a glossary of pregnancy- and birth-related terms and a sneak-peek at life after Baby, this is the manual for those looking for real-world advice to help them from conception to birth, and all that goes between!

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John Espitia:

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Madeline Pastrana:

Spent a free time to be fun activity to try and do! A lot of people spent their free time with their family, or their very own friends. Usually they accomplishing activity like watching television, about to beach, or picnic in the park. They actually doing same every week. Do you feel it? Would you like to something different to fill your current free time/ holiday? Could possibly be reading a book might be option to fill your totally free time/ holiday. The first thing you will ask may be what kinds of reserve that you should read. If you want to test look for book, may be the book untitled The Mother of All Pregnancy Books 3rd Edition: An All-Canadian Guide to Conception, Birth and Everything in Between can be very good book to read. May be it can be best activity to you.

Perla Baxter:

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