

Soul Talk: The New Spirituality of African American Women

Akasha Gloria Hull



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A celebration of the journey of African-American women toward a new spirituality grounded in social awareness, black American tradition, metaphysics, and heightened creativity.

• Features illuminating insights from Alice Walker, Toni Cade Bambara, Lucille Clifton, Dolores Kendrick, Sonia Sanchez, Michele Gibbs, Geraldine McIntosh, Masani Alexis DeVeaux and Namonyah Soipan.

• By a widely published scholar, poet, and activist who has been interviewed by the press, television, and National Public Radio's *All Things Considered*

From the last part of the twentieth century through today, African-American women have experienced a revival of spirituality and creative force, fashioning a uniquely African-American way to connect with the divine. In *Soul Talk*, Akasha Gloria Hull examines this multifaceted spirituality that has both fostered personal healing and functioned as a formidable weapon against racism and social injustice.

Through fascinating and heartfelt conversations with some of today's most creative and powerful women-women whose spirituality encompasses, among others, traditional Christianity, Tibetan Buddhism, Native American teachings, meditation, the I Ching, and African-derived ancestral reverence--the author explores how this new spiritual consciousness is manifested, how it affects the women who practice it, and how its effects can be carried to others.

Using a unique and readable blend of interviews, storytelling, literary critique, and practical suggestions of ways readers can incorporate similar renewal into their daily lives, *Soul Talk* shows how personal and social change are possible through reconnection with the spirit.

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Sandra Maes:

The book Soul Talk: The New Spirituality of African American Women has a lot details on it. So when you make sure to read this book you can get a lot of advantage. The book was published by the very famous author. The writer makes some research just before write this book. This book very easy to read you may get the point easily after looking over this book.

Matthew Schwartz:

People live in this new day of lifestyle always try and and must have the extra time or they will get great deal of stress from both daily life and work. So, whenever we ask do people have spare time, we will say absolutely sure. People is human not really a robot. Then we inquire again, what kind of activity have you got when the spare time coming to you actually of course your answer will certainly unlimited right. Then do you ever try this one, reading publications. It can be your alternative with spending your spare time, often the book you have read will be Soul Talk: The New Spirituality of African American Women.

Lisa Saxon:

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