



Real Men Eat Meat (Meat Eaters)

Steve Nubie

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Real Men Eat Meat is an anecdotal cookbook. Most of the anecdotes are actually true. Some are bald-faced lies about men, meat and the excuses they fabricate to eat only the largest portions. It includes some of the classic guy cravings from chili, steaks, stews, fried turkeys, fish boils, one vegetable, one dessert and other afflictions that men understand or indulge at least on a primitive level. Meat dominates the theme the same way it should dominate the plate. The stories tend to be humorous although the slapstick of the behavior has more to do with the humor than jokes. There are also chapters on unique male cravings from hot peppers to clam chowder, and the sacred and secret ceremonies that mark these rituals and rights of passage.

The recipes are proven and tested. Well, let's just say I've made them a lot and watched many men eat them without complaint. I have always thought of their silence while eating as the greatest compliment. I've learned a lot from many of them as well. Some are master chefs. Some just really know how to cook. For the record all the recipes are mine. That's my story and I'm stickin' to it.

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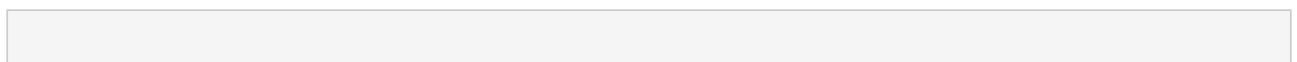
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