



Paleo Beef Recipes: Easy and Delicious Paleo Beef Recipes For Busy People

Marissa Pavone

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Introducing the first installment of the Paleo Chef Series!

This book contains 30 mouth-watering, nutritious and affordable Paleo Beef recipes. Beef is a cornerstone of the Paleo diet, and Marissa wanted to bring you some new, fresh ideas to keep you wanting more! Following the Paleolithic Diet, the meals are all created with whole and unprocessed foods. We all know life can be fast-paced from time to time, and preparing meals from this book has never been easier.

- It contains easy to follow recipes that take no time at all to prepare
- Meals that will leave you satisfied and feeling energetic
- Serving Size
- Nutrition Info

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