



Textbook of Psychotherapeutic Treatments in Psychiatry

Glen O. Gabbard

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Carefully matching the psychotherapeutic modality to the patient or client is critical to treatment outcomes. This up-to-date, scientifically rigorous, and exhaustive volume both teaches and facilitates that meticulous process. Sure to become the standard text for all students and practicing psychotherapists, whatever their background psychiatry, psychology, or social work the *Textbook of Psychotherapeutic Treatments* addresses all the major psychotherapeutic modalities in one comprehensive, authoritative volume. As the literature empirically validating psychotherapy as a treatment has expanded and the range of available psychotherapies has grown, the need for such a book has become critical. Glen Gabbard, the author or editor of more than 22 books and over 280 scientific papers and book chapters in the fields of psychiatry and psychoanalysis, has assembled 50 of the field's most renowned experts in every psychotherapeutic school of thought to create this definitive, masterfully realized volume. In addition to individual therapies, the book addresses group, conjoint, and family therapies. Integrative forms of psychotherapy are covered as well. Additional chapters on psychotherapy's neurobiological underpinnings and on the nature of professional boundaries conclude this indispensable volume. Structured to facilitate comparison among modalities, this easy-to-navigate, brilliantly executed volume should find a home on every aspiring and practicing clinician's shelf.

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