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# At Home with Sous Vide

Dale Prentice



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Sous Vide: A New Approach to Cooking At Home with Sous Vide celebrates the gentle art of lowtemperature cooking. Discover the way an exact approach to cooking can transform food, and the incredible flavour and texture that can be achieved when cooking meat, fish, eggs, vegetables and even fruit sous vide. Director of Sous Vide Australia, teacher and chef, Dale Prentice provides 74 easy-to-follow recipes, including 37 dishes from some of the world's most renowned chefs, restaurants and sous vide enthusiasts. Each recipe is beautifully photographed and broken down into step-by-step components. From simple salads to easy dinner recipes for beginners to more elaborate dishes for the confident cook, At Home with Sous Vide takes this amazing new style of cooking out of the restaurant world and into the home.

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#### William Meadows:

Spent a free time for you to be fun activity to do! A lot of people spent their sparetime with their family, or all their friends. Usually they doing activity like watching television, going to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your current free time/ holiday? Might be reading a book might be option to fill your free time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to attempt look for book, may be the reserve untitled At Home with Sous Vide can be great book to read. May be it is usually best activity to you.

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Playing with family in the park, coming to see the marine world or hanging out with good friends is thing that usually you may have done when you have spare time, then why you don't try issue that really opposite from that. A single activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love At Home with Sous Vide, you may enjoy both. It is very good combination right, you still want to miss it? What kind of hang-out type is it? Oh can occur its mind hangout fellas. What? Still don't get it, oh come on its identified as reading friends.

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