



# Surviving Suboxone Treatment And Withdrawals: Personal Experiences & Stories

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Suboxone is a drug approved in 2006 used primarily as a solution for treating opioid addiction. It is also used as a relief for moderate and chronic pain. In the addiction treatment, Suboxone is often used instead of Methadone, a commonly used management option in opioid addiction, because both drugs have similar effect. Suboxone contains buprenorphine, a mixed agonist–antagonist drug, and naloxone, an opioid antagonist. Buprenorphine mimics opioid effects, but does not produce the same “high,” while naloxone prevents addiction by counteracting opioid effects. Because of this, Suboxone should prevent withdrawal symptoms when a person stops taking opioids. However, since buprenorphine is itself a weak opioid, withdrawal symptoms are possible during Suboxone/Subutex use.

The most common reason people experience Subutex and Suboxone withdrawal symptoms is taking the drugs too soon, before complete withdrawal from opiates is accomplished.

The body can also get addicted to buprenorphine, and when its dose is reduced after long-term use, milder withdrawal symptoms can also occur, because buprenorphine exerts a weaker effect than other opiates. However, some people may experience severe side effects.

This is where real life experiences from former Suboxone users may come to rescue.

During the one month period we at SteadyHealth.com have conducted survey about Suboxone use and withdrawal. The goal of this survey was gathering real life experiences from people who went through treatment with Suboxone, Subutex or any form of medication that contains buprenorphine/naloxone, in order to gain some insight on Suboxone/Subutex side effects on human body, especially the side effects caused by Suboxone/Subutex withdrawal.

Ultimate goal was helping patients who are currently going through Suboxone/Subutex treatment or who are about to start the treatment.

1000 Suboxone users participated in this survey, providing us with valuable information about treatment and side effects. From these 1000 users, we recruited 20 users who were ready to anonymously give more detailed answers to 17 crucial questions about Suboxone use and withdrawal.

Their answers and experiences helped us to complete this book. And now this book is here to help you.

What’s inside this book:

- \* Information about Suboxone given by medical doctors
- \* Survey results with answers from 1000 Suboxone users
- \* Real-life experiences from 20 patients who went through Suboxone treatment
- \* Tips on how to ease side effects and cope with withdrawal
- \* Become a part of the SteadyHealth community to talk about Suboxone

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