



How Could You Do This to Me?

Dr. Jane Greer

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At one time or another we have all been betrayed by someone we trusted, all felt the sting of deceit and subsequent shattering of self-confidence. And when the people we count on betray our trust, the wound is deep and long-lasting.

In *How Could You Do This to Me?*, Dr. Jane Greer teaches readers: the types of people who are more at risk of betrayal the warning signs of someone who is untrustworthy a process that helps decide whether a relationship is worth saving or whether it should be abandoned. Part One discusses the roots of trust, blind trust, and the reasons betrayers betray. Part Two reveals our betrayers' many faces: admirers, users, or rivals. Part Three focuses on the fallout from betrayal: confrontation, revenge, and betrayal, and talks about how you can learn to trust your judgment and others again.

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